



RECREATION AND CULTURE SERVICES MEMORANDUM

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Pending #:

TO: MAYOR J. LEHMAN AND MEMBERS OF COUNCIL

FROM: S. LEE-YOUNG, MANAGER OF RECREATION AND CULTURE PROGRAMS,
EXT:5166

NOTED: R. BELL, DIRECTOR OF RECREATION AND CULTURE SERVICES

D. MCALPINE, GENERAL MANAGER OF COMMUNITY AND CORPORATE
SERVICES

M. PROWSE, CHIEF ADMINISTRATIVE OFFICER

RE: JUNE IS SENIORS' MONTH 2021

DATE: MAY 31, 2021

The purpose of this Memorandum is to provide members of Council information on the upcoming June is Seniors' Month in Ontario celebrations! This year will mark the 37th anniversary of celebrating Seniors and the tremendous contribution they make to the vibrancy of the City of Barrie. The theme this year is Stay Safe, Active and Connected.

Celebrating Seniors Month has become our collective way of recognizing seniors' contributions. The City of Barrie's 55+ Centre's encourages our community's seniors by:

- Offering a variety of recreation, education and active living programs.
- Promoting healthy lifestyles.
- Providing opportunities for individuals to develop new skills.
- Being a safe place for individuals to meet new people every day.

Though June is Seniors Month looks different this year due to COVID-19 we still have many exciting opportunities to for Seniors to Stay Safe, Active and Connected. Some of these opportunities are:

- Access to FREE Virtual Fitness opportunities through Recreation & Culture for the month of June.
- Participation in "Live" and Pre-Recorded opportunities for the month of June presented by the Barrie Public Library that include but are not limited to: Local Authors, Forest Bathing, information sessions with Barrie Serving Seniors Organizations and more.
- FREE Thursday Bus rides for Seniors that are 65 and better through Barrie Transit.
- 55+ Centres Volunteer Recognition Drive Thru Virtual Event Friday, June 25th, 2021. We will be recognizing volunteers that contributed to both the Allandale & Parkview 55+ Centres in 2019 as well as the volunteers that have supported Seniors Centre Without Walls in 2020. Volunteers will pick up and or have dropped off a hot lunch, a volunteer certificate and a gift along with the opportunity to connect for a virtual event with SMILE theatre.

There's no better time to tune in and learn about the many opportunities, programs and services available at the community of the City of Barrie.