

CITY HALL
70 COLLIER STREET
TEL. (705) 792-7900
FAX. (705) 739-4265

P.O. BOX 400
BARRIE, ONTARIO
L4M 4T5
www.barrie.ca



THE CORPORATION OF THE CITY OF BARRIE
Mayor's Office

PROCLAMATION

I, ALEX NUTTALL, Mayor of the City of BARRIE,

do hereby proclaim

May 6, 2024 – May 12, 2024

as

Mental Health Week

- WHEREAS;** CMHA Mental Health Week is a vital observance dedicated to raising awareness about mental health and addiction issues and promoting mental well-being; and
- WHEREAS;** The Canadian Mental Health Association (CMHA) leads the charge in advocating for mental health and addiction support and education across Canada; and
- WHEREAS;** Compassion is a fundamental human trait that has the power to alleviate suffering, foster connection, and promote healing; and
- WHEREAS;** During Mental Health Week 2024, we acknowledge the profound impact of compassion on mental health and well-being, highlighting its role as a source of strength and resilience; and
- WHEREAS;** Kindness and empathy are intrinsic to our shared humanity, offering solace and support to those facing mental health challenges; and
- WHEREAS;** From May 6 to 12, 2024, we invite individuals and communities to join us in exploring the transformative potential of compassion and its ability to unite us in our collective journey towards mental wellness; and

THEREFORE, I, Alex Nuttall, Mayor of the City of Barrie, do hereby proclaim **May 1 to May 7, 2023** as “**CMHA Mental Health Week.**” I urge all citizens to participate in activities and initiatives that promote compassion, understanding, and support for mental health, recognizing that together, we can create a world where everyone has the opportunity to thrive.

Alex Nuttall
Mayor