City of Barrie

Legislation Text

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OLDER ADULT CENTRES' ASSOCIATION OF ONTARIO (OACAO) AGING WELL CONFERENCE

J. Gourlie, Recreation Programmer advised that she attended the Older Adult Centres' Association of Ontario (OACAO) conference on October 29 and October 30, 2018 held in Mississauga, Ontario. Ms. Gourlie noted that she attended informative workshops including: Age Friendly Cities and Communities, Navigating Difficult Conversations and Managing Workplace Overload.