City of Barrie

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Legislation Details (With Text)

File #: TMP-23237 Version: 1 Name:

Type: Presentation - AC/RC Status: Received

File created: 11/6/2018 In control: Seniors Advisory Committee

On agenda: 11/12/2018 Final action: 11/12/2018

Title: OLDER ADULT CENTRES' ASSOCIATION OF ONTARIO (OACAO) AGING WELL CONFERENCE

J. Gourlie, Recreation Programmer advised that she attended the Older Adult Centres' Association of Ontario (OACAO) conference on October 29 and October 30, 2018 held in Mississauga, Ontario. Ms.

Gourlie noted that she attended informative workshops including: Age Friendly Cities and Communities, Navigating Difficult Conversations and Managing Workplace Overload.

Sponsors:

Indexes:

Code sections:

Attachments:

Date	Ver.	Action By	Action	Result
11/12/2018	1	Seniors Advisory Committee	Received	

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