



City of Barrie

70 Collier Street
P.O. Box 400
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Minutes - Final Seniors Advisory Committee

Monday, July 9, 2018

10:00 AM

Huronian Room "A"

For consideration by the Community Services Committee on September 10, 2018.

The meeting was called to order by the Chair, R. Cotton at 10:04 a.m. The following were in attendance for the meeting:

Present: 8 - R. Cotton
G. Kavanagh
H. Stone
J. Comper
L. Bourassa
L. Ricardo
M. Malcolm
R. McEachern

Absent: 5 - Councillor B. Ainsworth
M. Stevenson
G. Sels
J. Youell-Robson
R. Cheeseman

ALSO PRESENT:

AMR Property Management, A. Moore
AMR Property Management, B. Read.

STAFF:

Committee Support Clerk, J. Werth
Recreation Programmer, J. Gourlie.

The Seniors Advisory Committee met and reports as follows:

PRESENTATION BY AMR PROPERTY MANAGEMENT REGARDING SENIORS' HOUSING INITIATIVES

A. Moore, President of AMR Property Management (AMR) introduced D. Read and provided a verbal presentation concerning housing initiatives for seniors in the City of Barrie. Ms. Moore noted that a number of landlords have expressed an interest in transitioning their properties managed by AMR from student to seniors' housing in the Georgian College area.

Ms. Moore provided an overview of AMR's seniors' housing initiatives as follows:

- The benefits of a communal living model for single seniors by pooling resources;
- The typical layout of a communal home for seniors:
 - Three bedrooms on the main floor and three bedrooms on the lower level;
 - One bathroom on the main floor and one bathroom on the lower level;
 - A shared living room on each level; and
 - A shared kitchen on the main floor;
- The responsibilities of the tenants including the provision of their own furnishings;
- An overview of the tenant application process;
- A listing of the services and utilities included in the monthly rent.

In closing, Ms. Moore noted that additional information may be obtained online at AMR's website www.simcoesenior.com

The Committee asked a number of questions regarding the information provided and received responses from Ms. Moore and Mr. Read.

INDEX OF WELLBEING DISCUSSION

L. Ricardo provided an overview of the Canadian Index of Wellbeing (CIW). Ms. Ricardo noted that the CIW was established over 20 years ago to measure the overall quality of life for Canadians.

Ms. Ricardo reviewed the CIW framework based on eight interconnected domains as follows:

- Healthy populations;
- Democratic engagement;
- Community vitality;
- Environment;
- Leisure and culture;
- Time use;
- Education; and
- Living standards.

The Committee also discussed the challenges faced by a number of seniors and the importance of recreational programming to assist in reducing the effects of isolation. The Committee agreed to invite senior management from the City's Recreation Services Department to a future meeting of the Seniors Advisory Committee in order to provide an update on the new recreational centres to be built in the Hewitts and Salem areas in the City's south-end.

55+ INFORMATON DIRECTORY UPDATE

The Committee agreed to defer this item to a future meeting for further discussion.

SENIORS' INFORMATION FAIR UPDATE

H. Stone provided an update regarding the Senior Resource and Information Fair that was held on June 19, 2018 in the City Hall Rotunda. Ms. Stone noted that this event was hosted by the Barrie Senior Services Network and the Seniors Advisory Committee. She commented that this event was well attended and that she received several favourable comments from the vendors who participated at this event.

M. Malcolm reviewed feedback that she received from a number of participants at the Senior Resource and Information Fair regarding services for seniors in the Barrie area.

**REVIEW OF THE SENIORS ADVISORY COMMITTEE'S PARTICIPATION
IN SENIORS' MONTH ACTIVITIES**

J. Gourlie, Recreation Programmer provided an update regarding the kick-off to Seniors Month with the Seniors Advisory Committee's sponsorship of a Seniors Barbecue held on June 6, 2018. Ms. Gourlie advised that approximately 125 people and volunteers attended this successful event that was held at the Parkview 55+ Centre.

The Committee discussed potential activities for Seniors' Month in June 2019. The Committee requested that senior management from the Transit and Parking Strategy Department attend a future meeting of the Seniors Advisory Committee to discuss the possibility of developing a program for seniors similar to the City's "Licence 2 Ride" program for youth.

FALL PREVENTION CONFERENCE

The Committee approved R. Cotton, M. Malcolm and G. Kavanagh to attend the Fall Prevention Conference to be held on September 27, 2018 at Casino Rama in Orillia, Ontario and the expenditure of funds from the Seniors Advisory Committee Account #01-06-0938-0000-3071 in the amount of \$255.00.

The meeting adjourned at 11:54 a.m.

CHAIRMAN