



City of Barrie

70 Collier Street
P.O. Box 400
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Minutes - Final Accessibility Advisory Committee

Thursday, May 24, 2018

4:00 PM

Sir Robert Barrie Room

**For consideration by the Finance and Corporate Services Committee
on September 26, 2018.**

The meeting was called to order by the Chair, D. Taylor at 4:02 p.m. The following were in attendance for the meeting:

Present: 6 - Chairman D. Taylor
Councillor R. Romita
B. Jones
R. Meier
S. O'Shea
D. St. Amand

ALSO PRESENT:

J. Banks
N. Bennett
S. Diaz
P. Feng
L. Lock
F. Proctor
K. Warnar.

STAFF:

Accessibility Co-ordinator, C. Dillon
Committee Support Clerk, J. Werth.

The Accessibility Advisory Committee met and reports as follows:

PURPOSE OF THE MEETING

P. Feng, Research Manager at the University of Toronto and S. Diaz, Public Health Nurse of the Simcoe County District Health Unit facilitated the focus group for the Active People for a Healthy Barrie project. Mr. Feng noted that Active People for a Healthy Barrie is a project of the Barrie and Community Family Health Team, the City of Barrie and the Simcoe Muskoka District Health Unit in cooperation with the University of Toronto. He explained that the purpose of this meeting was to obtain feedback from the Accessibility Advisory Committee and the stakeholders in attendance to discuss physical activity needs and challenges from an accessibility perspective.

OVERVIEW OF THE ACTIVE PEOPLE FOR A HEALTHY BARRIE PROJECT

P. Feng, Research Manager at the University of Toronto provided an overview of the Active People for a Healthy Barrie project that started in 2016. Mr. Feng explained that the Mayor of the City of Barrie, the Dean of Public Health at the University of Toronto and the Barrie and Community Family Health Team identified the need to develop a collaborative approach to address community health issues. He advised that the Active People for a Healthy Barrie Project Team has held workshops with other groups within the community to discuss physical activity issues and how the Project Team could further support citizens to be active every day.

BREAKOUT SESSION

P. Feng and S. Diaz, facilitators for the Active People for a Health Barrie project led the focus group discussion with the Accessibility Advisory Committee and stakeholders in attendance.

The Committee and stakeholders in attendance provided their feedback concerning the following questions:

- What does it mean to you to be physically active?
- Think about a day when you were very physically active and what factors made it easy for you?
- Describe the features of your neighbourhood that support physical activity
- How do the four seasons affect your level of physical activity?
- Which programs and services help you to be more physically active?
- How could programs and services change to increase citizen participation?
- Visualize the future - what would the ideal City of Barrie look like to you in the next 10, 20 or 30 years? How do we get there?

WRAP UP

K. Warnar, Project Director for Health Link Barrie of the Barrie and Community Family Health Team advised that the next steps of the Active People for a Healthy Barrie Project Team will be to set up an external committee to further this initiative and to recruit volunteers.

P. Feng of the Active People for a Healthy Barrie Project Team noted that the Project Team will continue to engage other groups across the City of Barrie to obtain their feedback regarding physical activities and that the Project Team will be applying for a provincial grant in the Fall.

The meeting adjourned at 5:40 p.m.

CHAIRMAN