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THE CORPORATION OF THE CITY OF BARRIE
Mayor's Office

PROCLAMATION

I, JEFF LEHMAN, Mayor of the City of BARRIE,

do hereby proclaim

February 1, 2019 – February 7, 2019

as

Eating Disorder Awareness Week

- WHEREAS;** Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and
- WHEREAS;** Stigma and secrecy still surround eating disorders, causing many people who are suffering to refrain from seeking help, and to struggle in silence; and
- WHEREAS;** Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and
- WHEREAS;** Eating Disorder Awareness Week seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and
- WHEREAS;** Eating Disorder Awareness Week aims to teach Canadians that eating disorders are not a choice, and that eating disorders are a serious and dangerous mental illness.

THEREFORE, I, Jeff Lehman, Mayor of the City of Barrie, do hereby proclaim the week of **February 1 to February 7, 2019** as **"Eating Disorder Awareness Week."**

Jeff Lehman,
Mayor

