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THE CORPORATION OF THE CITY OF BARRIE
Mayor's Office

PROCLAMATION

I, JEFF LEHMAN, Mayor of the City of BARRIE,

do hereby proclaim

February 1, 2018 – February 7, 2018

as

Eating Disorder Awareness Week

- WHEREAS;** Eating disorders have the highest mortality rate among all psychiatric illnesses and can develop in anyone, regardless of age, ethno-racial background, socioeconomic status, gender or ability; and
- WHEREAS;** Stigma and secrecy still surround eating disorders, causing many people who are suffering to refrain from seeking help, and to struggle in silence; and
- WHEREAS;** Open supportive dialogue can help break the shame and silence that affect nearly 1 million Canadians living with diagnosable eating disorders and the millions of others who are struggling with food and weight preoccupation; and
- WHEREAS;** Eating Disorder Awareness Week (EDAW) seeks to raise awareness of eating disorders, shed light on dangerous and pervasive myths, and promote prevention. It is also a time of year for Canadians to learn about available resources and appropriate services for themselves and/or loved ones; and
- WHEREAS;** The National Eating Disorder Information Centre (NEDIC) is Canada's oldest national organization dedicated to helping those with eating disorder, food and weight preoccupation and related issues. NEDIC provides information, education, resources and referrals to individuals with eating disorders, their families, friends and health care professionals.

THEREFORE, I, Jeff Lehman, Mayor of the City of Barrie, do hereby proclaim the week of **February 1 to February 7, 2018** as "**Eating Disorder Awareness Week.**"



Jeff Lehman,
Mayor