



# City of Barrie

70 Collier Street  
P.O. Box 400  
Barrie, ON L4M 4T5

## Minutes - Final Seniors Advisory Committee

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Monday, January 8, 2018

10:00 AM

Sir Robert Barrie Room

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**For consideration at Community Services Committee on April 9, 2018.**

The meeting was called to order by the Chair, R. Cotton at 10:02 a.m. The following were in attendance for the meeting:

**Present:** 9 - Councillor B. Ainsworth  
R. Cotton  
M. Stevenson  
G. Sels  
H. Stone  
J. Youell-Robson  
L. Bourassa  
L. Ricardo  
M. Malcolm

**Absent:** 2 - J. Comper  
R. Cheeseman

**STAFF:**

Accessibility Co-ordinator, C. Dillon  
Committee Support Clerk, T. McArthur  
Recreation Programmer, J. Gourlie.

The Seniors Advisory Committee met and reports as follows:

#### **55+ INFORMATION DIRECTORY UPDATE**

C. Dillon, Accessibility Co-ordinator provided an update concerning the status of the 55+ Information Directory. Ms. Dillon advised that the Barrie Examiner is no longer assisting the Seniors Advisory Committee in the publication of the Directory due to their recent closure and that she will report back to the Committee with alternative publishing options.

#### **AGE-FRIENDLY COMMUNITY PLAN UPDATE**

C. Dillon, Accessibility Co-ordinator provided an update concerning the status of the Age-Friendly Community Plan. Ms. Dillon advised she is working with City staff to compile a completed and not completed project list from 2017. Ms. Dillon advised she will report back to the Committee once the project list has been completed.

#### **SENIORS HOUSING UPDATE**

R. Cotton advised that he met with A. Bourrie, Director of Planning and Building Services, to discuss the current inventory and new projects for seniors housing and the status of the City's new Official Plan.

L. Stevenson discussed the addition of 16 Life Lease Units to Victoria Village that include meals and amenities, and the possible development of a Long Term Care Centre on Church site next to Victoria Village. Ms. Stevenson advised she will report back to the Committee when further information becomes available.

#### **NEW GRANT APPLICATIONS**

J. Goulie, Recreation Programmer discussed a recent submission of a grant application to the Province of Ontario Seniors Community Grant Program. Ms. Goulie advised that she will report back to the Committee once the results of the grant applications are announced by the Province of Ontario.

**2017 ONTARIO ADULT CENTRES ASSOCIATION OF ONTARIO (OACAO) DEBRIEF**

J. Youell-Robson provided a summary concerning her attendance at the 2017 Ontario Adult Centres Association of Ontario (OACAO) Conference and noted that the Conference provided an opportunity to network, to connect with peers and organizations, and education.

Ms. Youell-Robson advised she attended the following workshops and a session with a key-note speaker:

- a) Art Therapy - art used to change and enhance the lives of seniors while providing creativity in expression and their inner self in a safe environment;
- b) Mind Busters and Ageless Grace - to challenge minds to a variety of brain experiences, short term and long term memory through flash cards, mazes, awareness activities and chair exercises to different types of music to work the left and right sides of your brain; and
- c) Key Note Speaker - "Reaching the Heights" by Alan Mallory concerning his families experiences of planning and climbing Mount Everest.

**2018 SENIORS ADVISORY COMMITTEE MEETING SCHEDULE**

The Committee discussed the meeting schedule for 2018 and agreed that the meetings continue on the 2nd Monday of each month starting at 10:00 a.m., with the exception of the November meeting rescheduled to November 19, 2018.

**SENIORS EVENTS/UPDATES**

J. Gourlie, Recreation Programmer provided information concerning seniors events scheduled at the Parkview and Allandale 55+ Centres during the month of January, 2018.

L. Bourassa advised that January, 2018 is "Alzheimer's Awareness Month" and that the Alzheimer's Society theme is to reduce the stigma associated with the Alzheimer's disease.

L. Ricardo advised that the Canadian National Institute for the Blind (CNIB) will be celebrating its 100th anniversary during the month of April, 2018, recognizing a century of change and volunteer appreciation.

The meeting adjourned at 11:47 a.m.

CHAIRMAN